

Rochester Gastroenterology Associates, LLP

Tarun Kothari, M.D., F.A.C.G., F.A.C.P.

Prasad Penmetsa, M.D., M.R.C.P.

Surinder Devgun, M.D.

Beverly Strohm, P.A.-C.

Amy Hayes, N.P.-C

www.rochestergastrohealthcare.com

INSTRUCTIONS FOR GASTROSCOPIC EXAMINATION

Name _____ Procedure _____

PLEASE REVIEW ALL INSTRUCTIONS UPON RECEIPT

Preparations:

1. Fast from all food and liquids from midnight, the evening before the procedure. If your procedure time is 2 p.m. or later, you may have a clear liquid breakfast at 6 a.m.
2. All medications can be taken on the day of the procedure with a minimal amount of water early in the a.m. Please check with us prior to taking any insulin or other antidiabetic medications on the morning of the examination.
3. Please discontinue use of **CARAFATE** or any antacids (Maalox, Tums, Rolaids) 24 - 48 hours prior to procedure.
4. **Take no aspirin or aspirin containing products for five (5) days before the procedure. Acetaminophen, (Tylenol) can be used. Do not take any arthritis medications like ibuprofen (Advil, Aleve, Motrin, Naprosyn, Celebrex, Bextra) for three to five (3-5) days before the procedure.**
5. If you are on any kind of blood-thinning medications, such as **COUMADIN**, please inform our office at 227-1080, **IMMEDIATELY**.
6. For some procedures, prior blood tests may be necessary. These tests need to be done between 1 - 3 weeks before the procedure. Special instructions will be given for people on blood-thinning medications. If you are required to have these blood tests, the requisition for the laboratory will be enclosed
7. Transportation arrangements must be made for someone to pick you up at the EMPC and accompany you home. **NO EXCEPTIONS CAN BE MADE!**
8. You must arrange for a neighbor, friend, or family member to stay with you after your arrival home, since sedation effects can last well into the evening.
9. You should plan on 2 hours, including recovery time, for this test.
10. If you are unable to keep your scheduled appointment, cancellation is appreciated 48 hours in advance by calling **227-1080** between 9 a.m. and 4:30 p.m. If you fail to notify us you may be charged. Also, please call this number if you have any further questions.