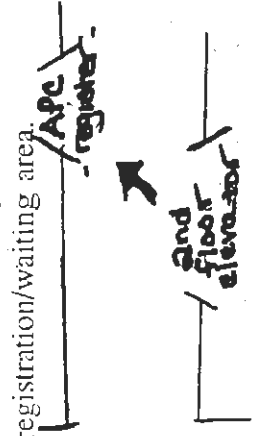


**W**e've designed this brochure to help prepare you for your ambulatory procedure at Rochester General Hospital.

## Directions to the Ambulatory Procedures Center:

1. Park in the Ramp Garage.
2. Enter the hospital from the FIRST FLOOR (not the ground floor) of the Ramp Garage using the access ramp.
3. Upon entering the hospital, turn LEFT and proceed down the hall until you come to the main lobby.
4. Turn RIGHT and proceed down the hall (past the Twig Café) until you come to the YELLOW elevators on your left. (Yellow tags on the ceiling will help guide you to the elevator)

5. Take the yellow elevators to the 2nd FLOOR. After you exit the elevator, turn RIGHT and then an IMMEDIATE LEFT into the Ambulatory Procedures Center registration/waiting area.



## What to expect:

- You will need to arrive 60 minutes before your scheduled procedure time. (If your physician prescribes an antibiotic before your procedure, you need to be there two hours before your procedure. Your physician will tell you in advance if an antibiotic will be administered.)
- Visitors may stay with you during the registration process and then will be asked to go to the waiting room until you are ready to be discharged.
- After the registration process, a nurse will ask questions about your medical history and the reason you are having the procedure. (Please bring a list of your medications and dosages.)
- The nurse will then explain the procedure to you and answer any questions you might have.
- Most patients will have an IV started in their arm for sedation during the procedure.

**If you are medicated you will be mildly sedated. For your safety, you must have a responsible adult accompany you home. Your procedure will be cancelled if you do not have a ride home. You cannot take a taxicab or bus home unless an adult is with you.**

Your driver can drop you off and leave a phone number where they can be reached if they are unable to wait with you. Upon return your driver must meet you in the Ambulatory Procedure Center to pick you up and escort you out of the hospital. Your drive may park (for a short time, free) in the patient discharge area in the back of the hospital. When entering the hospital from the patient discharge area, your driver should take the yellow elevators to the second floor, turn left and the Ambulatory Procedure Center is straight ahead.

Patients who receive a narcotic should NOT drive a vehicle until the next day.

*ALL of these steps take time, so it is very important that you arrive at least 60 minutes before your procedure.*

- Next you will be taken to a procedure room. Most patients will be sedated before their procedure.
- After the procedure, you will return to the holding area. A nurse will take your blood pressure and monitor you for comfort. You are expected to stay a minimum of 1/2 hour after the procedure.
- After you are fully awake and comfortable, a nurse will offer you a drink. Your IV will be removed and your visitors will be invited to return. Your discharge instructions will be given to you and then you will be able to go home.
- Length of stay from registration to discharge is approximately two hours.